

Privacy Policy – Your Wellness Circle LLC

Contact Email: YourWellnessCircleLLC@gmail.com

Your Wellness Circle LLC (“Company,” “we,” or “us”) respects your privacy and is committed to protecting your information in compliance with the Connecticut Health Information Privacy Act and applicable national privacy and consumer protection laws.

What We Collect

- Voluntarily Provided Personal Information: Name, email, health history or concerns, responses to intake forms
- Automatically Collected Data: Browser type, IP address, session data, and cookies

Use of Your Information

We use the data to:

- Deliver coaching services
- Schedule appointments and follow up
- Keep legally required business records
- Improve services and communications

Connecticut Health Privacy Compliance

We do not collect or store any protected health information (PHI) governed by HIPAA unless expressly authorized. All personal and sensitive information shared during coaching is confidential and stored securely in accordance with Connecticut health privacy regulations.

Rights of Connecticut Residents

Connecticut residents have the right to request:

- Access to personal data
- Correction or deletion of inaccuracies
- Information about how their data is used

Contact YourWellnessCircleLLC@gmail.com to make such requests.

This policy is current as of the most recent revision and may be updated periodically.

Disclaimer – Your Wellness Circle LLC

Your Wellness Circle LLC offers life, health, and business coaching services designed to promote personal growth and wellness. Our content and coaching services are provided solely for informational and educational purposes. They do not constitute medical, psychological, legal, or financial advice and are not intended as a substitute for consultation with licensed professionals.

We are not licensed medical doctors, therapists, dietitians, or nutritionists. You should not use any information obtained through our programs or website to diagnose, treat, or cure any disease or health condition. Always seek the advice of a licensed healthcare provider before starting or modifying any treatment or health regimen.

Some protocols or suggestions mentioned may only be appropriate for licensed professionals. Users are responsible for understanding and complying with their state's laws and regulations.

By participating in our programs or accessing our content, you expressly acknowledge and agree to the limitations of our services. We make no guarantees regarding outcomes. Use of our services is voluntary and at your own risk.